



Improving Key Outcome Measures

ACP Evidence-based Clinical Programs

In today's changing healthcare environment, providers face significant challenges including increasing demand to prove quality care and outcomes, increasing costs, and the continual need to attract new referrals. ACP's Evidence-based Clinical Programs have shown to reduce costs, improve treatment efficacy and effectiveness, and enhance the patient experience.

Outcomes Study by The Moran Company*

25,000+ Medicare Part A stays. 17-month period. Continuity Assessment/Resident Evaluation (CARE) Mobility and Self-Care Item Set completed upon admission and discharge, comparing patients treated with and without ACP Clinical Programs.



23% GREATER functional improvement in mobility outcomes with ACP programming



11% GREATER functional improvement in self-care outcomes with ACP programming

Five-Star Quality Measure Study by The Moran Company**

Analysis of three years of SNF Five-Star Quality Measure data from CMS, comparing ACP established customers' data to non-customers.



12.3% BETTER score on the short-stay pain measure



9.8% BETTER score on the long-stay falls measure



23.5% BETTER score on the short-stay pressure ulcer measure




30.4% BETTER score on the long-stay depression measure

*Source: The Moran Company Report on Therapy Outcomes for Selected Modalities; 2017.


**Source: Accelerated Care Plus (ACP) Comparison of Established Customer to Non-Customer SNFs Based on Five-Star Ratings; 2017.

ACP's Evidence-Based Clinical Programs

Clinical Instruction + Skilled Treatment Pathways + Objective Outcome Tracking



Orthopedic Program[†]




49 patients


Clinical Outcomes

| TUG | Tinetti | BERG | Pain Intensity | Edema |
|-----------------|----------------|-----------------|----------------|---------------|
| ↓ | ↑ | ↑ | ↓ | ↑ |
| 28.9 sec | 8.5 pts | 18.1 pts | 39.1% | 4.5 cm |


Operational Outcomes




LOS decreased by **6.2 days**




Facilities with TKA Program now have **Predictive Outcomes and LOS data**



Beneficial in marketing to **ACOs**



Cardiopulmonary Program[†]




43 patients


Clinical Outcomes


| 30 Sec Sit to Stand | Tinetti | BERG | 6MW |
|---------------------|----------------|-----------------|---------------|
| ↑ | ↑ | ↑ | ↑ |
| 7.1 reps | 7.4 pts | 26.1 pts | 663 ft |

Operational Outcomes



LOS decreased from **33.2 days to 20.4 days**





30 day rehospitalization **10 to 0**

[†]Results from a controlled pilot study in a Skilled Nursing facility in 2016.



ACP[®]

Outcomes Accelerated

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